

4-6 March 2026
Millennium Hotel, Queenstown



IMSanz '26 Conference

www.imsanzconference.co.nz

WEDNESDAY 4 MARCH 2026

8.00AM Registration Open			
	Trainee Day	Workshops	Workshops
8.30AM		Cultural Safety – How I Treat Māori Patients: A Clinical Cultural Safety and Competency Workshop Kate Wheeler , Tiriti Reo	POCUS Workshop
9.00AM – 9.05AM	Trainee Day Welcome		
9.05AM – 10.00AM	Advanced Training In General Medicine – A How To Guide Cathryn O’Sullivan , Te Whatu Ora Capital, Coast and Hutt Valley, Georgia Hutchinson , Jared Woodroffe , RACP		
10.00AM – 10.30AM	Fever in a Returned Traveller Kate Grimwade , Te Whatu Ora BoP		
10.30AM – 11.00AM Morning Tea			
11.00AM – 12.30PM	SMO School – Learning The Ins And Outs Of Consultancy Outside Of Clinical Medicine Kyle Perrin , Te Whatu Ora Capital, Coast and Hutt Valley, Jess Kelly , Nelson Hospital, Laura Chapman , Te Whatu Ora Waitemata	Cultural Safety Workshop Continues	POCUS Workshop Continues
12.30PM – 1.30PM Lunch			
1.00PM		SPDP 3	General & Acute Care Medicine Leader Forum
1.30PM – 2.15PM	Cultural Safety For Trainees Matt Wheeler , Te Whatu Ora BoP		
2.15PM – 3.00PM	How To Get Your AT Project Published Liz Potter , Monash Health		
3.00PM – 3.30PM Afternoon Tea			
3.30PM – 4.00PM	The Pareto Approach To The Neurology Exam Matthew Phillips , Te Whatu Ora Waikato	SPDP 3 Continues	General & Acute Care Medicine Leader Forum Continues
4.00PM – 4.30PM	General Medicine Outside The Tertiary Hospital Brent Cumming , Te Whatu Ora Southern		
4.30PM – 4.45PM	Trainee Day Close		
5.00PM – 7.00PM Welcome Reception, Smiths Craft Beer House			

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THURSDAY 5 MARCH 2026

7.30AM Registration Open

Chair: **Tessa La Varis** Moderator: **Mia Zutic**

8.45AM Mihi Whatkau & Conference Opening

9.00AM – 9.45AM General Medicine...Remind Me Why I Am Still Doing This?
Kyle Perin, Te Whatu Ora Capital, Coast and Hutt Valley

9.45AM – 10.30AM Not Just A Bias: A Critical Sociology Of Racism In Medical Practice
Joshua Manukonga, Te Whatu Ora Counties Manukau

10.30AM – 11.00AM Morning Tea

Chair: **Chris Cameron** Moderator: **Mia Zutic**

11.00AM – 11.30AM Functional Neurological Disorders: Predictive Processing On Overdrive
Mathew Phillips, Te Whatu Ora Waikato

11.30AM – 12.00PM Untangling Chronic Abdominal Pain: A Structured Approach To Naming, Framing, And Calming The Gut
Charlotte Dakar, Te Whatu Ora Waitemata

12.00PM – 12.30PM Female Phenotype Of Heart Disease
Tammy Pegg, Te Whatu Ora Nelson Marlborough

12.30PM - 1.30PM Lunch 1.00pm-1.30pm Poster authors will be next to their posters to answer any queries

DE SOUZA AWARD SESSION

Chair: **Prosen Ghosh** Moderator: **Ed Palmer**

1.30PM – 1.45PM Lignocaine Patch for Acute Fabry Crisis: A Case Report
Rowena Penafiel, South Eastern Sydney Local Health District

1.45PM – 2.00PM External Validation Of The Hospital Frailty Risk Score For Predicting Clinical Outcomes In Patients Hospitalised With Community Acquired Pneumonia In Australia
Matthew Hauser, Flinders Medical Centre

2.00PM – 2.15PM Simulation For Physicians: Insights From A Simulation Fellowship
Dr Hannah Thompson, NALHN & The University Of Adelaide

2.15PM – 2.30PM Breaking Barriers for Better Fragility Fracture Outcomes
Aye Khine, Sunshine Coast University Hospital

2.30PM – 2.45PM Not All That Looks Malignant Is Cancer: The Hidden Face of Actinomyces
Krison Sum, Ministry Of Health Singapore

2.45PM – 3.00PM From Twitches to Tranquillity: Magnesium's Role in Cramp Fasciculation Syndrome
Niruthmie Pallawala, Waikato Hospital

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THURSDAY 5 MARCH 2026

3.00PM – 3.30PM Afternoon Tea

Chair: **Jessica Kelly** Moderator: **Ed Palmer**

3.30PM – 4.00PM **Uncertainty In Medicine**
Tom Middlemiss, Te Whatu Ora Capital, Coast & Hutt Valley

4.00PM – 4.30PM **Back To The Future - CPR And Shared Decision Making**
Tammy Pegg, Te Whatu Ora Nelson Marlborough

4.30PM – 5.00PM **How We Die**
Rachel Wiseman, Te Whatu Ora Canterbury

5.00PM **Conclusion of the Day**

6.15PM **Conference Dinner – Stoneridge Estate**

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FRIDAY 6 MARCH 2026

8.30AM	Registration Open	Foyer
Chair: Heather Astell Moderator: Kiri Diack		
9.00AM – 9.30AM	Accelerated Treatment Pathway Melinda Copley , Te Whatu Ora Auckland	
9.30AM – 10.00AM	POCUS In General Medicine: Exciting Times Nicolien Lourens , Te Whatu Ora Capital, Coast & Hutt Valley	
10.00AM – 10.30AM	Perioperative Medicine, IMSANZ POMSIG Update And The Monash Health Physician Co-management (PCM) Model Of Care Rona Zhao , Monash Health	
10.30AM – 11.00AM	Morning Tea	
Chair: Leighanne Hughes Moderator: Kiri Diack		
11.00AM – 11.30AM	Cultural Safety: An Introduction To The LGBTQ Community Cindy Towns , Wellington Hospital	
11.30AM – 12.00PM	Updates on Sexual Health For The General Physician Vinita Rane , Northern Health	
12.00PM – 12.15PM	Multidisciplinary Kidney Failure Board Enhances Upstream Decision-Making on Renal Replacement Therapy in Advanced Chronic Kidney Disease Fion Qian Hui Lee , National University Hospital	
12.15PM – 12.45PM	Story So Far – IMSANZ Research Network Liz Potter , Monash Health	
12.45PM – 1.45PM	Lunch	
Chair: Tessa La Varis Moderator: Jame McElligott		
1.45PM – 2.15PM	Terrain Theory, Metabolic Strategies, And The Next Frontier of Neurology Matthew Phillips , Te Whatu Ora Waikato	
2.15PM – 2.30PM	Ayurvedic Supplement – Associated Lead Toxicity Masquerading As Haemolysis John Ee Chew , Greenslopes Private Hospital	
2.45PM – 3.00PM	Hidden Hazards: The Human Health Impact Of Pesticide And Plastic Exposure Harry Gibbs , Alfred Health	
3.00PM	Conference Close	

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POSTERS

- 1. Occult Benzodiazepine Withdrawal Masquerading As Delirium Tremens: The Role Of GC-MS Testing**
Dr Sheng Song Gan, Khoo Teck Puat Hospital
- 2. The Crystal Connection: A Case Report Of Recurrent Gout And Hypercalcemia**
Su An Hui, Ministry Of Health Holdings, Singapore
- 3. Case Presentation: New (To New Zealand) Treatments For Pulmonary Alveolar Proteinosis**
Hannah Talwar, Whangarei Hospital
- 4. Bilateral Pneumothoraces Following Acupuncture In A Healthy Young Woman: A Rare But Important Complication**
Jian Han Tan, National University Hospital
- 5. Small Cuts Run Deep: Erysipelothrix Rhusiopathiae Septic Shock From A Finger Wound**
Ching Jocelyn Chan, National University Hospital
- 6. Association Of Everolimus With Hyponatremia In A Kidney Transplant Recipient**
Ching Jocelyn Chan, National University Hospital
- 7. Itchy Childhood To Brain Infarct**
Aye Khine, Sunshine Coast University Hospital
- 8. Beware The Masquerade: When False-Positive Dengue Serology Masks Disseminated Staphylococcus Aureus Infection**
Nicole Kye Wen Tan, Singapore General Hospital
- 9. Steroid-Related Immunosuppression Predisposing to Disseminated Nocardiosis**
Denzel Chong, Palmerston North Hospital
- 10. Adherence To Rib Fracture Management Pathway And Its Impact On Patient Outcomes: A Gold Coast Health Audit**
Carol Fang, Gold Coast University Hospital
- 11. Particle Disease: An Unusual Prosthetic Cause Of Refractory Hypercalcaemia**
Emmy Sawires, Bendigo Health
- 12. A Needle In A Haystack: Secondary Haemophagocytic Lymphohistiocytosis**
Navneet Singh, Waikato Hospital
- 13. GenMed Horizons: Mapping General And Acute Care Medicine Advanced Physician Training**
Nicole Hancock, Alfred Hospital